



**Christian Senior Services**  
is a non-profit, nonsectarian 501(c)(3) agency founded by both St. John's Lutheran and Grace Lutheran church in 1977.

**Our Mission**  
is to promote the dignity and independence of seniors who are in need of nutritious meals, companionship, and Alzheimer's care.

**Our Programs**

Grace Place, Able-bodied Activity Center  
Meals on Wheels (St. John's Lutheran)  
Senior Companion Program

**Board of Directors**

President - William H. Lemons, *Attorney/Mediator*  
Vice President - Brice Macgongamba, *Rape Dawson Engineers*  
Secretary - Dan Cabbie, *Community Volunteer*  
Treasurer - Sarah Gernowski, *Frost National Bank*  
Immediate Past President - Gene Weaver-Luero, *Citicoop*

**Directors**

Caren Albanian, *Randolph Brooks Credit Union*  
Brandon Allen, *Jefferson Bank*  
Doug Barnes, *SWBC*  
Henry Christopher, *Johnson, Christopher, et al*  
Pastor Skip Courter, *St. John's Lutheran Church*  
Pastor Christopher Gentile, *Grace Lutheran Church*

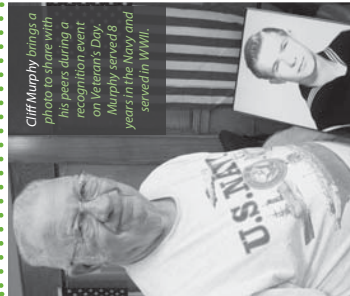
Patricia Haynes, *Valero*  
Bill Lee, *Web Fargo Advisors, LLC*  
Adrianna D. Lunnon, *PH.D., UH-SC*  
Cynthia M. Mays, *U.S. Army*  
Cynthia Pava, *Musgro Energy*  
Megan S. Peacock, *H-E-B*  
Gowama Buresh, *Uniplast Barriers*  
Ann Dees Stidell, *Community Volunteer*  
Mimi Sutherland, *ITC Case Management*  
Paul Tzezel, *Uze and Carter*  
Charles Thompson, *Humana*  
Linda Wright, *Zachry Industrial, Inc.*

**Staff**

Sharon Baughman, *Chief Executive Officer*  
Reuben Luna, *C.P.A., Chief Financial Officer*  
Grace Demeri, *Grace Place Program Manager*  
Bill Mahony, *Meals on Wheels Program Director*  
Carol Lozano, *Senior Companion Program Director*  
Heather Fineghly, *Development Director*  
Jenny Ardelano, *Marketing & Communications Director*  
Minnie Lozano, *Office Manager*

**Grace Place - Northeast  
Veteran's Group**

For staff, daily interaction with Grace Place participants can yield some amazing stories from their diverse group of clients. Yet the most intriguing stories come from our veterans, whom we have seen more admissions at our newest center, Grace Place Northeast. As more and more veterans enrolled at the facility, staff quickly integrated a "veteran's group" into their schedule. For veterans, this weekly meeting allows them to share stories about their time serving in the military. Their stories range from operations within INTEL, air combat in Europe, and various assignments during the war. The meetings help engage some clients who would otherwise refrain from conversing with their peers. Moreover, weekly recollections help stimulate their memory and provide therapeutic sessions for those who lived to tell about it. And although dementia causes a loss of cognitive function over time, there are some things that will always remain a part of many peoples lives. As stated by one client, "It's a time in my life that I will never forget". To learn more about Grace Place, visit us online at [www.christianseniorservices.org](http://www.christianseniorservices.org).



Cliff Murphy brings a photo to share with his peers during a recognition event on Veterans Day. Murphy served 8 years in the Navy and served in WWII.

**Senior Companion Program**

**Now Recruiting  
Volunteers Over  
the Age of 55!**

**New Volunteer  
Training Classes**  
will be held at 13420  
Nacogdoches Rd.  
Call (210) 599 - 7405  
to reserve a date.

**Apr 18 - 28, 2011**  
**July 18 - 27, 2011**  
**Sept 19 - 28, 2011**

Guadalupe Trujillo  
*Senior Companion  
since 2004*



**Boeing To Deliver in South San Antonio, H-E-B Adds Delivery Route**

Boeing has partnered with Meals on Wheels to establish a meal delivery route in South San Antonio. Each weekday, participating employees will volunteer their lunch hour to deliver hot, nutritious meals to homebound seniors in the surrounding neighborhood. Boeing is the 17th corporate partner to begin a meal delivery route on behalf of the Meals on Wheels program. Most recently, H-E-B added two more delivery routes as part of their partnership with the



**CONGRATULATIONS!**  
Charles and Betty Anderson

After 53 years of marriage, Charles and Betty Anderson renewed their vows at Grace Place on Valentine's Day! The couple first met at age 14 and 13 (respectively) and never looked back. Neither of them has ever dated outside the relationship and according to their daughter, they never fought or argued in their entire time together.

The ceremony was followed by music, dancing, and fun activities courtesy of employees from NuStar Energy.

**Model Volunteer**

Guadalupe Trujillo turned 90 years old on December 12, 2010 making her the oldest Senior Companion in our program, but by no means the least capable. As a volunteer for 7 years, she takes the VIA paratransit four days a week to spend 4 hours a day with a client. Senior Companions, such as Trujillo, are asked to befriend a homebound senior for a minimum of 15 hours per week. Trujillo is a perfect example of seniors helping seniors. The program is proud to have her as one of our most dedicated volunteers.



**John Gillis (above) shares a laugh with volunteers during a recent visit from Meals on Wheels.**

Local businesses who are interested in a similar partnership, can contact Meals on Wheels by calling (210) 735 - 5115.

**2010 Party in the Pasture Nets over \$50,000**

The 2010 Party in the Pasture held Sunday, November 7 at Rio Cibolo Ranch was a huge success thanks to everyone who attended and volunteered. We would like to give a special thank you to our sponsors - including Tesoro for being the event's title sponsor, to our silent auction donors and to the Christopher family and staff of Rio Cibolo Ranch for their wonderful hospitality. This year's Party in the Pasture is scheduled for Sunday, November 6, 2011 at Rio Cibolo Ranch. Hope to see you there!

**MEALS ON WHEELS  
Tesoro Funds Delivery Trucks**  
Tesoro's successful golf tournament generated a donation of \$96,000 to Meals on Wheels. In addition to sponsoring Party in the Pasture, Tesoro's donation funded two Meals on Wheels delivery vehicles and thousands of meals for homebound seniors!



**DAILY VISITS FROM MEALS ON WHEELS**

**"PROVIDES COMFORT"**

Proud of his heritage as a 1st generation American, John Lyndy Gillis was born in the suburbs of Boston in 1928. For most of his adult life, he worked all throughout the United States as a licensed carpenter working on small to big projects. But in his early 60's, Gillis developed shingles, which sidelined him for many years, and now at age 83, he suffers from poor vision. Less than 2 years ago, his wife of 30 years was diagnosed with dementia and because her immediate family



**John Gillis (above) shares a laugh with volunteers during a recent visit from Meals on Wheels.**

feared that Gillis could no longer be a primary care provider, they enrolled her in a nursing home in Atlanta, leaving Gillis by himself. When asked how he copes living alone, Gillis explains "one day at a time." Gillis' daughter (Jean) makes sure the two communicate at least once a week by phone, but his empty heart remains heavy. To see how Meals on Wheels helps Mr. Gillis combat loneliness, view the program video online @ [youtube.com/mealsonwheelsfora](http://youtube.com/mealsonwheelsfora).