

4306 NW Loop 410  
San Antonio, Texas 78229  
(210) 735-5115  
[www.christianseniorservices.org](http://www.christianseniorservices.org)

# Christian Senior Services



## ABOUT US

Christian Senior Services is a non-profit, nonsectarian 501(c) organization founded in 1977 by the congregations of St. Johns and Grace Lutheran Church. CSS operates out of three locations serving Northwest, Northeast, and Central San Antonio. The people we serve are mainly older adults, who because of age or disability are unable to meet essential needs. These circumstances threaten their ability to continue living independently in their own homes and may force them into institutionalized care. With the support of the community, Christian Senior Services provides a home delivered meal program, a companionship program, and operates three adult day activity centers exclusively for seniors suffering from Alzheimer's.



**Meals on Wheels**  
OF SAN ANTONIO

At Meals on Wheels, we help seniors maintain their independence by delivering hot, nutritious meals every weekday. Meals are prepared under the direction of a registered dietitian and are often the primary source of nutrition received by our clients. In addition, personal contact with our volunteers can combat loneliness and provide opportunities for early intervention in life-threatening situations.

During the 12 months ending June 30, 2010, 904,880 meals were provided to seniors in Bexar County. Of those, 850,804 meals were delivered directly to the homes of frail and disabled older adults. In surveys conducted this year, MOW recipients reported that since being on the program:

- 73.75% believe their health is better
- 98% feel less isolated
- 99.8% satisfied with the program



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## VOLUNTEER DONATE TODAY

**"the mission** of Christian Senior Services is to promote the dignity and independence of seniors who are in need of nutritious meals, companionship, and Alzheimer's care."

### Senior Companion program

The Senior Companion Program is a peer-to-peer program where caring senior volunteers befriend homebound seniors in their community. The program is designed to foster independence among seniors by engaging them in community service, providing them companionship opportunities, and by offering respite to family caregivers.

During the 12 months ending June 30, 2010,

- 117 Senior Companions provided 75,310 hours of companionship and minor personal assistance to 216 homebound and isolated older adults.
- 100% of caregivers reported that they had a greater ability to rest, complete necessary tasks, and receive information about available community resources.
- 90% of clients reported an improved mental outlook, were better able to sleep and eat and had received help with activities of daily living.



### Grace Place ALZHEIMER'S CENTER

Grace Place is San Antonio's only licensed adult day activity center exclusively for seniors suffering from Alzheimer's. Each center provides a secure and nurturing environment where our clients engage in activities that focus on their abilities rather than disabilities. We now have three locations serving Northwest, Northeast, and Central San Antonio.

During the 12 months ending June 30,

- 184 individuals afflicted by Alzheimer's disease attended Grace Place Alzheimer's Centers.
- 18,601 days of care were provided which is a 43% increase over the prior year, primarily due to the opening of the NE center.
- 97% of Grace Place participants engaged in activities during the day that stabilized their daily routine and helped them sleep at night.
- 94% of caregivers reported that as a result of Grace Place assistance they were able to get needed rest, continue or return to work if desired, receive resources and information about Alzheimer's.



# Be Involved

Thank you to all the families, employees, and organizations who volunteered their time to help make San Antonio a caring place to live!



# Donors (Over \$500)

## Funding Partners

Bexar Area Agency on Aging  
Bexar County General Fund and CDBG  
City of San Antonio  
Corporation for National and  
Community Service  
Kronkosky Charitable Foundation  
Texas Dept. of Aging and Disability  
Services  
Texas Department of Agriculture  
United Way of San Antonio and Bexar  
County

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Allegra Print and Imaging  
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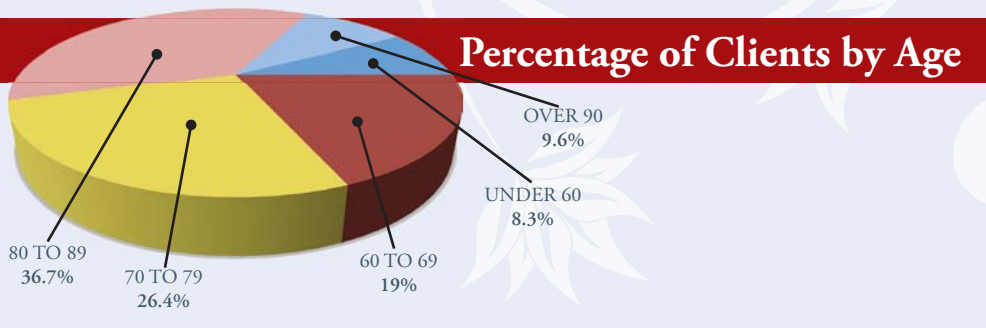
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# STATEMENT OF FINANCIAL POSITION

JUNE 30, 2010 AND 2009

ASSETS	2010	2009
<b>Current assets:</b>		
Cash	\$2,519,932	\$1,707,386
Accounts receivable	538,017	472,892
Prepaid expenses	63,395	75,455
Total current assets	<u>3,121,344</u>	<u>2,255,733</u>
<b>Property and equipment:</b>		
Furniture and equipment	550,644	530,577
Land, building, and improvements	3,758,250	3,758,250
Vehicles	981,344	903,969
	<u>5,290,238</u>	<u>5,192,796</u>
Less accumulated depreciation	<u>(1,718,620)</u>	<u>(1,524,766)</u>
	<u>3,571,618</u>	<u>3,668,030</u>
<b>Other assets:</b>		
	<u>37,925</u>	<u>67,325</u>
<b>Total Assets</b>	<u><u>\$6,730,887</u></u>	<u><u>\$5,991,088</u></u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>Current liabilities:</b>		
Accounts payable - trade	\$52,042	\$50,443
Accrued liabilities	148,343	115,486
Long-term debt due within one year	64,044	56,897
Total current liabilities	<u>264,429</u>	<u>222,826</u>
<b>Long-term debt:</b>		
	571,848	738,933
Total liabilities	<u>836,277</u>	<u>961,759</u>
<b>Net assets:</b>		
Unrestricted - operations	2,319,465	1,526,372
Unrestricted - fixed assets	2,935,726	2,872,200
	<u>5,255,191</u>	<u>4,398,572</u>
Temporarily restricted	639,419	630,757
	<u>5,894,610</u>	<u>5,029,329</u>
<b>Total Liabilities and Net Assets</b>	<u><u>\$6,730,887</u></u>	<u><u>\$5,991,088</u></u>

## Percentage of Clients by Age



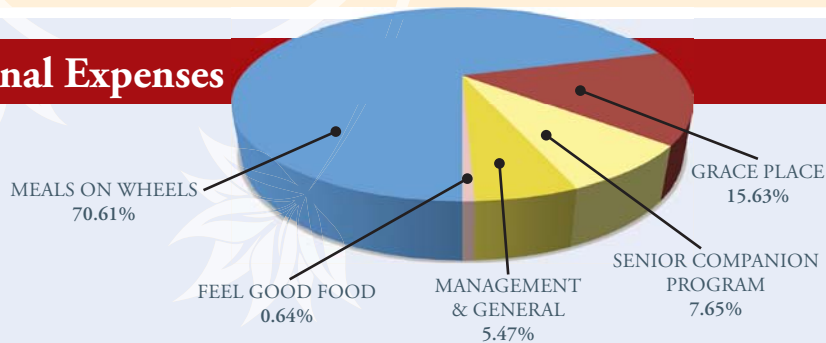
# STATEMENT OF ACTIVITIES

YEAR ENDED JUNE 30, 2010

(With Comparative Totals for Year Ended June 30, 2009)

	2010	2009
<b>Public support and revenue:</b>		
Public support:		
Special Events (net)	\$414,568	\$318,390
United Way	337,984	307,769
Texas Department of Agriculture	1,058,214	809,169
Contributions and grants	961,117	1,434,368
Donated assets and facilities	33,685	20,400
Total public support	<u>2,805,568</u>	<u>2,890,096</u>
<b>Revenue:</b>		
Fees from government agencies	2,620,446	2,094,905
Program revenue	909,058	710,521
Investment income	11,002	33,356
Miscellaneous	3,003	5,964
Total revenue	<u>3,543,509</u>	<u>2,844,746</u>
<b>Total public support and revenue</b>	<u>\$6,349,077</u>	<u>\$5,734,842</u>
<b>Expenses:</b>		
Program services:		
Meals on Wheels	\$3,871,994	\$3,646,229
Grace Place	857,316	738,399
Senior Companion Program	419,273	413,241
Feel Good Food	34,982	30,980
Total Program Services	<u>5,183,565</u>	<u>4,828,849</u>
Supporting services:		
Management, general and fund-raising	300,231	290,194
Total expenses	<u>5,483,796</u>	<u>5,119,043</u>
Change in net assets	865,281	615,799
<b>Net assets at beginning of year</b>	5,029,329	4,413,530
<b>Net assets at end of year</b>	<u>\$5,894,610</u>	<u>\$5,029,329</u>

## Functional Expenses





4306 NW Loop 410  
San Antonio, Texas 78229

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