



FOR IMMEDIATE RELEASE
Request for Coverage

Jerry Arellano
Marketing Director
Meals on Wheels of San Antonio
(210) 735 - 5115
jerrya@christianseniorservices.org

USAA Employees Volunteer to Wash Meals on Wheels Fleet

Meals on Wheels fleet receives a "car wash" from USAA employees

May 22, 2010, San Antonio, TX – Meals on Wheels of San Antonio is highlighting "Fleet Wash Day", where *USAA* employees volunteer their time to wash the entire Meals on Wheels fleet! These efforts will provide much-needed support in maintaining the condition of our fleet so we can continue delivering hot, nutritious meals to seniors living in Bexar County.

WHAT: USAA "Fleet Wash" Day
WHO: 25 – 30 *USAA* employees
WHEN: Saturday, May 22, 2010
9:00 AM – 11:30 AM
WHERE: Christian Senior Services
4306 NW Loop 410 (corner of 410 and Babcock, inside the loop)
San Antonio, Texas 78229
CONTACT: Marsha Wiltz, Volunteer Services Manager, (210) 735 - 5115

"To date, we prepare and deliver over 17,000 hot, nutritious meals each week out of our main office in Northwest San Antonio," says Sharon Baughman, CEO of Christian Senior Services. "And we couldn't provide that level of service without our fleet; therefore, we truly appreciate *USAA* employees finding creative ways to support our organization."

###

About Meals on Wheels of San Antonio

Meals on Wheel of San Antonio, a program of Christian Senior Services, prepares and delivers over 3,400 nutritious meals each weekday to homebound seniors living in Bexar County. With a registered dietician on staff, our meals are often the only source of vitamins and nutrients received by our recipients. In addition, personal contact with our volunteers and staff drivers combats loneliness and can often provide opportunities for early intervention in life threatening situations. Last year, the program provided over 800,000 meals to senior residents of Bexar County.